

Studio Rita Patel

Exploring the intersection of beauty, creativity, and well-being



Rainbow Raindrops - Acrylic on Canvas, from the series Up Close and Personal

My name is Rita G. Patel. I am the Founder and Creative Director of Studio Rita Patel and work as a Fine Artist, Surface Pattern Designer, and Creativity-Wellness Coach. I am passionate about art, textiles, and aesthetics to provide an experience of beauty. Having a career in the wellness field, I am particularly focused on creating a positive environment by evoking feelings of wellbeing through my art. Research shows that experiencing positive emotions improves our physical health, brightens our minds and builds our resourcefulness in ways that help us become more resilient to adversity and effortlessly achieve what we once could only imagine. My style is generally abstract with an ethereal and sophisticated feel. I also create quirky illustrations intended to provide moments of joy. My work is available at a range of price points as canvas, prints, and 3D mixed media. Additionally, I create custom large-scale work (installations and murals) that can be interactive. I have created this brochure especially for Interior Designers who share my wellness focus that spaces and places have the opportunity to enhance the quality of people's lives. I invite you to view some of my work and learn about me and my background.

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Open edition print from the series "Abstract Collages", available in custom sizes

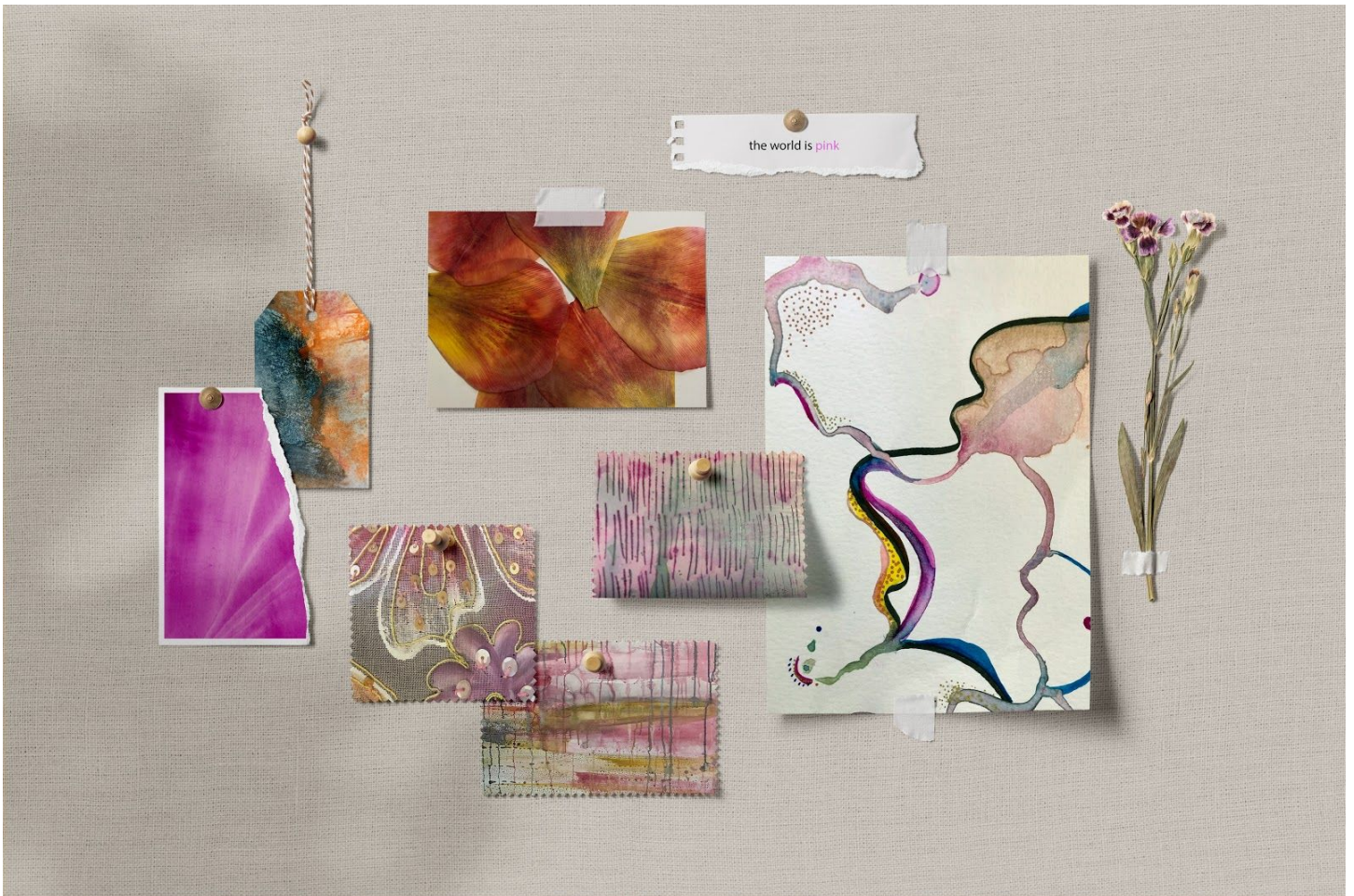
Bio

Rita Patel is a self-taught mixed-media artist whose works incorporate surface design, abstract painting, illustration, and relational art. She was drawn to the visual arts to express what she felt beyond words in hopes that her art would be conduit to connect more deeply. Rita is the founder of Experiments in Beautiful Thinking and of Relational Waste. She holds a Masters in Public Health from Columbia University Mailman School of Public Health, with a focus on Quality of Life. She is trained in Conversational Leadership by poet David Whyte and is certified in Enchantivism and the Creative Problem Solving method. Rita also is a CPA, Certified Workplace Wellness Program Manager, and Public Health and Wellbeing Specialist. Her projects are both corporate and community based. Each is a form of Enchantivism – invitations for people to expand their creative capacity and discover themselves and each other for vitality and collective thriving through new ways of storytelling. Rita's work asks the question: what if we could transform the world by experiencing

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beauty? It's a source of inspiration informing her creative process intersecting beauty, wellbeing (social, emotional, and mental) and creativity.

Rita started painting at The Art Students League of New York in 1999 and has been exhibiting her artwork across the US for the past 20 years. Her work focuses on transformation; inspired by her philosophy that as humans our experience of beauty can change our world by changing the way we see ourselves, our situations and our environments. In 2011, she was awarded an Artist in Residence by 365 Days of Print. She designs interactive art experiences at the Detroit Institute of Arts and has served on the Board of Trustees as the Chair of the Exhibition Committee at Paint Creek Center for the Arts, Rochester, MI. Rita's work is held in the permanent collections of the NYSE, Brooklyn Art Library, and public communities of Detroit. She lives in Michigan with her husband Alan Haras with whom she frequently collaborates.



Inspiration mood board for a Home Decor fabric collection



Selected Press Features

2020 - Madeline Cecilia Dunn Interview - [Navigating Road Blocks as a Creative](#)

2020 - Shim and Aspen Art Curation - [Artist Talk](#)

2020 - Pattern Observer - [Guest Expert interview](#)

2019 - Lake Orion Review - [Feature about Hamsa Yoga Mural](#)

2016 - [The People We Are](#) (pg 13) The monthly online magazine of The Professional Women's Association (Rome)

2016 - J'aipur Journal - [Belonging to Be](#) Art Feature

2015 - Oxford Review - [Article about the Barn Mural and flower farmworkers](#)

2009 - Detroit Magazine - [Spotlight on Wellness article \(pg 10\)](#)

Testimonials

"Rita brings beauty to everything she creates: from her stunning paintings and patterns, to her inspiring creative workshops, Rita is a true artist who inspires those around her to strive for a deeper connection with their own creativity and the beauty that surrounds them." – Michelle Fifis, Founder [Pattern Observer Studio](#) & [Textile Design Lab](#)

"We proudly display two of Rita's paintings in our house. Each one never fails to start conversations with guests about the blend of colors, the emotions evoked, and overall creativity shown. Rita's artwork is always lovely to observe, and the works we have displayed at home are wonderful examples of her style. We always think of positive memories when we admire her work. The paintings have been on display prominently for 15 years, through multiple moves." – Kavitha Jha, homeowner

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